



Healing Feelings: Release Emotional Pain-Undo Negative Programming-Change Your Past Future-Connect to Your True Self (Paperback)

By Geri O'Neill

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Behind the face we show the world is a hidden self, the home of repressed emotions, negative programming, fear, guilt and grievances. This dark energy casts its shadow on the body and the world dictating thoughts, emotions, behavior and experiences. Only by making the unconscious conscious, bringing the darkness to the light can our True Self be revealed. HEALING FEELINGS explains. How our life force gets stifled and twisted. Why the Law of Attraction often backfires. How the present shapes the past. The cause of passion and addiction. How victims become victimizers and much, much more. HEALING FEELINGS provides techniques for detecting unconscious blocks and dismantling them. It is a pathway to our True Self, the source of the love, light and happiness we all yearn for.



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