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Meal Planner: Weekly Menu Planner with Grocery List [Softback * Large (8 X 10) * 52 Spacious Records More * Purple Polka Dots] (Paperback)

By Smart Bookx

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm.

Language: English . Brand New Book ***** Print on Demand

*****.Softback blank Meal Planner book with a spacious two

page spread for each of 52 weeks [\$5.50 / 3.99] INTERIOR: (To

view click on Look Inside and scroll past the initial Title Page) -

Each log provides the facility to total anything, cost or calories, but the shading for this is intentionally subtle so you can easily ignore it and just write a meal title over the top if desired. -

There s a shopping list with each week so you can take it to the

store and see at a glance what you need. - A Notes section for

each week allows extra space to record e.g. special

celebrations, additional guests or comments on what worked

and what didn t. - At the back, a double page tracker chart

allows you to compare any values across three different stores

or brands; again it could be cost, calories or anything else.

There s also a page at the back to jot down your regular

fallback meals just the once, so if you re tracking totals...



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[9.45 MB]

Reviews

This publication could be worth a read through, and far better than other. This is certainly for all those who statte there was not a worth reading through. You may like just how the author compose this publication.

-- Dr. Kayley Kovacek PhD

Unquestionably, this is the very best operate by any author. it had been writtern extremely flawlessly and beneficial. You can expect to like the way the blogger publish this publication.

-- America Gleason