



ABC of Anxiety and Depression (Paperback)

By -

John Wiley Sons Inc, United States, 2014. Paperback. Book Condition: New. 272 x 210 mm. Language: English . Brand New Book. About the ABC of Anxiety and Depression Edited by Linda Gask, University of Manchester, Manchester, UK and Carolyn Chew-Graham, Research Institute, Primary Care and Health Sciences and National School for Primary Care Research, Keele University, Keele.UK ABC of Anxiety and Depression is a practical guide to the assessment, Treatment and management of patients with anxiety and depression as they commonly present in primary care. It begins with an introduction to views on the understanding of anxiety and depression. The following chapters cover how anxiety and depression present in different patient groups such as children and young people, adults, older people and during antenatal/postnatal periods. K then addresses anxiety and depression as comorbidities with chronic illness, and within special populations and settings. The options for treatment and management of anxiety and depression are considered with guidance on when referral to secondary care may be appropriate and the current best practice in psychological therapies, drug treatment and social interventions. Cases are used to illustrate the complexities of managing patients with anxiety and depression. The title concludes with an important chapter on practitioner well-being. ABC of Anxiety and...



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