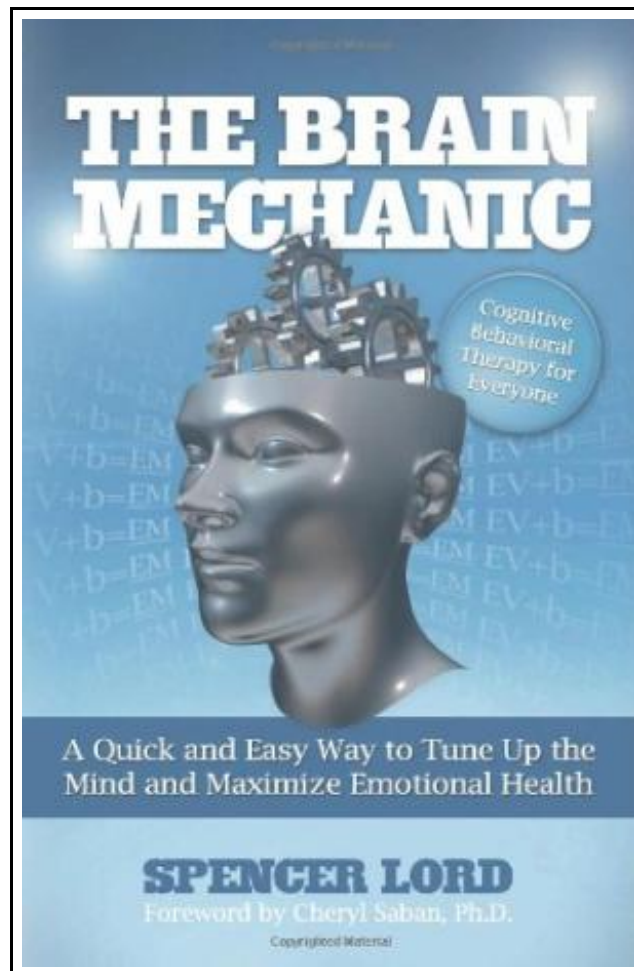


## The Brain Mechanic: A Quick and Easy Way to Tune Up the Mind and Maximize Emotional Health (Paperback)



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