



## Overcoming Spiritual Depression (Paperback)

By Arie Elshout

Reformation Heritage Books, United States, 2006. Paperback. Book Condition: New. 211 x 135 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Overcoming Spiritual Depression is packed with godly wisdom and heartfelt compassion for Christians who are battling the Elijah syndrome of discouragement. It is also a healing tonic for those who have loved ones suffering from this spiritual, emotional, and psychological malady. The dos and don ts of how to respond to the suffering are expounded, in a most engaging way, from Elijah and the author s experience under the juniper tree (1 Kings 19). Concise yet thorough, practical yet spiritual, this book opens up the world of depression such that both the depressed and those closely associated with them will be gripped and liberated by the author s many enlightening insights. Every minister, office-bearer, and caring believer should read it to learn how to counsel and interact with those who are spiritually cast down and emotionally depleted. -- Joel R. Beeke Arie Elshout s Overcoming Spiritual Depression is a treasure of pastoral counsel. Reminiscent as it is of A. W. Pink s Elijah and Martyn Lloyd-Jones s Spiritual Depression, Elshout employs the life of Elijah...

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